

JUNIOR TENNIS SCHEDULE

MONDAY

LEVEL 1: RED COURT TENNIS | 4:30pm-5:30pm •
\$72/Members, \$132/Non-members •
Daily: \$14/Members, \$24/Non-members

LEVEL 2: ORANGE COURT TENNIS | 4:30pm-6pm •
\$96/Members, \$156/ Non-members •
Daily: \$18/Members, \$28/Non-members

LEVEL 3: GREEN COURT TENNIS | 4:30pm-6pm •
\$96/Members, \$156/ Non-members •
Daily: \$18/Members, \$28/Non-members

LEVEL 4 | 4:30pm-6pm • \$96/Members, \$156/Nonmembers
• Daily: \$18/Member, \$28/Non-members

LEVEL 5 | 4:30pm-6pm • \$96/Members, \$156/Nonmembers
• Daily: \$18/Members, \$28/Non-members

HIGH PERFORMANCE ELITE | 6:00pm-7:30pm
Contact George Lowe for pricing.

TUESDAY

HIGH PERFORMANCE HIGH SCHOOL/MIDDLE SCHOOL
4:00pm-6:00pm. Contact Lisa Seymour for various
pricing information.

HIGH PERFORMANCE ELITE | 4:00pm-6:00pm
Contact George Lowe for pricing.

WEDNESDAY

LEVEL 1: RED COURT TENNIS | 4:30pm-5:30pm •
\$72/Members, \$132/Non-members •
Daily: \$14/Members, \$24/Non-members

LEVEL 2: ORANGE COURT TENNIS | 4:30pm-6pm •
\$96/Members, \$156/ Non-members •
Daily: \$18/Members, \$28/Non-members

LEVEL 3: GREEN COURT TENNIS | 4:30pm-6pm •
\$96/Members, \$156/ Non-members •
Daily: \$18/Members, \$28/Non-members

LEVEL 4 | 4:30pm-6pm • \$96/Members, \$156/Nonmembers
• Daily: \$18/Member, \$28/Non-members

LEVEL 5 | 4:30pm-6pm • \$96/Members, \$156/Nonmembers
• Daily: \$18/Members, \$28/Non-members

THURSDAY

HIGH PERFORMANCE HIGH SCHOOL/MIDDLE SCHOOL
4:00pm-6:00pm. Contact Lisa Seymour for various
pricing information.

HIGH PERFORMANCE ELITE | 4:00pm-6:00pm
Contact George Lowe for pricing.

SATURDAY

LEVEL 1: RED COURT TENNIS | 4:30pm-5:30pm •
\$72/Members, \$132/Non-members •
Daily: \$14/Members, \$24/Non-members

LEVEL 2: ORANGE COURT TENNIS | 4:30pm-6pm •
\$96/Members, \$156/ Non-members •
Daily: \$18/Members, \$28/Non-members

LEVEL 3: GREEN COURT TENNIS | 4:30pm-6pm •
\$96/Members, \$156/ Non-members •
Daily: \$18/Members, \$28/Non-members



PLAY

EVERY DAY, EVERY WAY.



FALL | WINTER | SPRING
JUNIOR TENNIS
PROGRAMS

JUNIOR TENNIS PROGRAMS

LEVEL 1: RED COURT TENNIS

Mondays and/or Wednesdays 4:30pm-5:30pm • Saturdays 10:30am-11:30am • Ages 4-6 • One hour of tennis followed up with pizza and swimming (optional: with adult supervision) Shorter courts (36'), shorter racquets (23"), foam balls

LEVEL 2: ORANGE COURT TENNIS

Mondays and/or Wednesdays 4:30pm-6pm • Saturdays 10:30am-12pm • Ages 7-9 • A 9 and under "Transition" ball class • One and a half hours of tennis followed up with pizza and swimming (optional: with adult supervision) 60' court, 25" racquets, 50% compression ball

LEVEL 3: GREEN COURT TENNIS

Mondays and/or Wednesdays 4:30pm-6pm, Saturdays 10:30am-12pm • A 10 and under "Transition" ball class • Players are comfortable playing singles and doubles • Green ball using 75% compression, full court 1 1/2 hours of tennis followed up with pizza and swimming (optional: with adult supervision)

LEVEL 4

Monday and/or Wednesdays 4:30pm-6pm • Ages 8-12 (more ability based) • Green and hard ball class • Class for players who have had some match play experience and understand most technical skills. Players should be striving to start playing matches a bit more competitively and start feeling comfortable with.

LEVEL 5

Monday and/or Wednesdays 4:30pm-6pm • Ages 10-14 • Junior competitive class • Players encouraged to do two days of classes. Fun days and special events. Juniors should be comfortable with the basic strokes along with basic singles and doubles strategy.

HIGH PERFORMANCE HIGH SCHOOL/MIDDLE SCHOOL

Tuesdays & Thursdays 4:00pm-6pm, • Ages 12-17 • This class is designed for HS players, or appropriate ability level if younger, that are interested in HS tennis teams and maybe a tournament or travel match during the year (optional). Unlike the HP class (below), players are not expected to play tournaments on a regular basis, but should be willing to play in local tournaments when scheduled. All phases of the game will be covered including technique, tactics and strategy.

HIGH PERFORMANCE ELITE

Tournament Player Class • Tuesdays & Thursdays 4pm-6pm • Mondays 6:00pm-7:30pm • Ages 10-17 • Class designed for tournament players who are serious about getting a ranking, playing HS tennis. All players MUST be approved by our Head Pro to play in this class. Players are expected to play in tournaments and travel matches. Contact George at 231-534-6776 for more info.

Our staff of USPTA and USPTR certified teaching professionals are ready to assist you in choosing the right class for you. From the recreational tennis player to the tournament player, our staff will design a program that will best suit your goals. Call 231-534-6776, for more information.



PRIVATE LESSONS

1 Hour Private Lesson:

\$65/Member • \$80/Non-member
\$55/Junior Member • \$70/Junior Non-member

Lesson Series (5 one hour lessons):

Junior Member \$225
Junior Non-member \$300
Adult Member \$275
Adult Non-member \$350

Semi Private Lessons (2-4) people:

Please contact Lisa Seymour at 231-534-6786

CUSTOM RACQUET STRINGING

We offer full service racquet stringing. Bring in your racquet and we will have it ready within 48 hours. Just drop your racquet off at the Health Club Desk, fill out the stringing tag and you are all set!

JUNIOR TENNIS SESSION DATES

6-week sessions

Fall 1: September 9—October 20
Fall 2: October 21—December 1
Winter 1: December 2—January 26
Winter 2: January 27-March 9
Spring 1: March 10—April 27
Spring 2: April 28—June 8

