

## PRIVATE LESSONS

### Adult Private Lessons

\$65/Member, \$80/Non-member

### Adult Punch Card (5 lessons)

\$275/Member, \$350/Community or Resort Guest  
*can be used for private and semi private lessons only.  
Lessons expire 6 months from the date of purchase.*

### Adult Semi Private Lesson (2 players)

\$32.50/Member, \$40/Community or Resort Guest

### Adult 3 and Me

\$23/Member, \$33/Community or Resort Guest

### Adult 4 and Me

\$17/Member, \$27/Community or Resort Guest

### Adult 5+ and Me

\$12/Member, \$22/Community or Resort Guest

*\*All private lesson pricing is for one hour.*

## 2 HOUR TENNIS DRILL PUNCH CARDS

Save money and gain flexibility with our adult drill punch cards. Save on daily registration fees when you purchase a 12 pack of drills that are good for 6 months. No need to find a sub or make up a drill that you've already paid for. Just come when you can! Registration prior to attending is still required when using punch cards.

### 2 Hour Adult Tennis Drill Punch Cards

12 pack - \$300/Member, \$480/Community or Resort Guest

### 1.5 Hour Adult Tennis Drill Punch Cards

12 pack - \$180/Member, \$300/Community or Resort Guest

*\* Punch cards are good for 6 months from purchase date.*

## STRING & GRIP PRICING

### WILSON

Luxilon 4G \$40  
Luxilon Big Banger ALU Power \$40  
Lux Savage \$40  
NXT 16 and 17 Gauge \$40  
Lux/NXT Hybrid \$40  
Lux/Sensation Hybrid \$36  
Lux/Syn Gut Hybrid \$33  
Revolve Spin \$34  
Sensation 16 Gauge \$30  
Synthetic Gut 16 Gauge \$25

### BRING YOUR OWN STRING \$20

### GRIPS

Replacement Grip \$8  
Overgrip \$3

*For more information stop by the Health Club Desk or call  
Lisa at 231-534-6786.*



grandtraverseresort.com

100 Grand Traverse Village Boulevard | Acme, MI 49610

Owned and Operated by the Grand Traverse Band of Ottawa and Chippewa Indians

# PLAY

EVERY DAY, EVERY WAY.



FALL AND WINTER 2024

# ADULT TENNIS AND PICKLEBALL

## ADULT TENNIS PROGRAMS

### Cardio Tennis

Saturday 9am - 10:30am

90 minutes of heart pumping tennis drills and games meant to get your heart rate up while maximizing reps on all your shots. Cost: \$15/Member, \$30/Community or Resort Guest

### Live Ball 1.5 Hour Tennis Drill

Monday 6pm - 7:30pm and Tuesday 10am - 11:30am

Live Ball is a pro fed game that is doubles tennis without the serve. Players will earn points throughout the 1.5 hours that will count toward a seasonal champion. Clinic must have 4 players to run (Offense/Defense style will be used) and has a 7 player maximum. Players rated NTRP 3.0 and above are welcome to register. Cost: \$15/Member, \$30/Community or Resort Guest

### 2 Hour Tennis Drills

Monday and Friday, 9am - 11am

Doubles drills with a focus on technique, positioning, shot selection and strategy. Open to all players 3.0 and above. Player to pro ration is 6:1. Pros feed drills and competitive games based on the number of players and courts available.

Cost: \$30/Member, \$45/Community or Resort Guest (ask the desk how to save money with our 2 Hour Drill Packages)

### Adult 4.0+ 1.5 Hour Tennis Drill

Wednesday 6pm - 7:30pm and Friday 11am - 12:30pm

Coach Juan runs this hard hitting, fast paced, high level adult tennis drill for those 4.0+ players looking for a challenge. Pro to player ratio is 1:6.

Cost: \$20/Member, \$35/Community or Resort Guest (ask the desk how to save money with our 1.5 Hour Drill Packages)

### Top Gun Doubles Tennis League

Thursday 6pm - 8pm

The league has a weekly sign up for men and women rated NTRP 3.5 and above. A short format is used and players rotate up and down the courts and change partners based on results. Players play as many rotations as possible in the 2 hours.

Registration includes a pre or post league beverage from the health club. Grand Traverse Resort and Spa pros play in when needed for an extra challenge.

Cost: \$15/Member, \$30/Community or Resort Guest

### College/Former College Player Hit

Monday 7:30pm - 9pm

Doubles and singles play (depending on numbers) for former and current college players. Rotation and format will be determined by participation each week. Grand Traverse Resort and Spa pros play each week to add an extra challenge!

Cost: \$12/member, \$27/Community or Resort Guest

## REGISTRATION

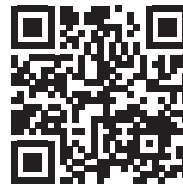
Members and Resort Guests may register online through Club Automation account or contact the Health Club Desk.

Community Guests are required to register using Club Automation, Scan the QR below or call 231-534-6770 to put a credit card on file.

\*24-hour cancellation policy. Class fee charged in full for cancellations inside 24-hours.

Clinics must have 3 players, 24-hours ahead of time to run.

SCAN



TO REGISTER



## ADULT TENNIS & PICKLEBALL SCHEDULE

SEPTEMBER 9- DECEMBER 22

### MONDAY

9am-11am | 2 Hour Adult Tennis Drill | \$30/Member, \$45/Community or Resort Guest

10am - 12pm | Two Hour Open Pickleball Play (3.5+, Intermediate – Advanced Level) \$8/Member, \$23/Community or Resort Guest

6pm - 7:30pm | Live Ball Tennis Drill | \$15/Member, \$30/Community or Resort Guest

7:30pm - 9pm | College/Former College Tennis Player Hit \$12/Member, \$27/Community or Resort Guest

### TUESDAY

9am - 11am | Women's Pickleball League  
Contact Lisa Seymour for more info

6pm - 8pm | Top Gun Pickleball League (Competitive Play) | \$15/Member, \$30/Community or Resort Guest

### WEDNESDAY

6pm - 7:30pm | Adult 4.0+ 1.5 Tennis Hour Drill | \$20/Member, \$35/Community or Resort Guest

6pm – 8pm | Adult Mixed Doubles Tennis League | \$15/Member, \$30/Community or Resort Guest. Contact Lisa Seymour for start date

### THURSDAY

9am - 11am | 2 Hour Open Pickleball Play (3.5+, Intermediate – Advanced Level) | \$8/Member, \$23/Community or Resort Guest

6pm – 8pm | Top Gun Doubles Tennis League (Competitive Play, 3.5+) | \$15/Member, \$30/Community or Resort Guest

### FRIDAY

9am-11am | Two Hour Adult Tennis Drill | \$30/Member, \$45/Community or Resort Guest

11am - 12:30pm | 1.5 Hour Adult 4.0+ Tennis Drill | \$20/Member, \$35/Community or Resort Guest

### SATURDAY

9am - 10:30am | Cardio Tennis | \$15/Member, \$30/Community or Resort Guest

Questions? Contact George Lowe at 231-534-6776 or george.lowe@gtresort.com